

## **NCC (CATC) Camp for Boys-2015**

**15<sup>th</sup> June to 24<sup>th</sup> June 2015**

Combined Annual Training Camp-2015 for boys was held at GSBV Jheel Khurenja, New Delhi from 15<sup>th</sup> June to 24<sup>th</sup> June 2015, in which approx. 550 boys from 20 schools and colleges across NCR participated. Eighteen boys from Class-X from TAFS participated in the camp. The cadets were exposed to the following activities during the camp:-

1. Fall in along with P.T. in the morning daily for an hour followed by Yoga and Games like Football, Volleyball in the Evening session.
2. Marching Drill. (For practice and competition).
3. Lectures on First Aid, Disaster management (with demonstration) Heat stroke, self defense etc.
4. Cultural activities like solo & group dance, singing (practice & competition).
5. Essay writing, poem recitation and poster competition.
6. In sports- Tug of war and volley ball tournament.
7. Out NCC Cadets were the part of International Yoga Day held at Rajpath on 21<sup>st</sup> June 2015.
8. Firing competition with 0.2mm rifle.
9. On the final day "BadaKhana" was organized followed by giving prizes to the Best Cadets in different field.

Our school cadets achieved the following titles:

- |                                    |   |                                 |
|------------------------------------|---|---------------------------------|
| (a) Best Cadet (NCC)               | - | Vivek Kumar Singh (Class : X-A) |
| (b) Best Cadet in Firing           | - | RishabhPandey (Class : X-B)     |
| (c) Best Cadet in Hindi Recitation | - | Harsh Yadav (Class : X-E)       |

During the stay at camp the accommodation and meals were satisfactory good and our students enjoyed the camp very much. It was a learning experience for all the participants.

## **NCC (CATC) Camp for Girls-2015**

**1<sup>st</sup> June to 10<sup>th</sup> June 2015**

Combined Annual Training Camp-2015 for girls was held at HQ NCC Directorate, Parade Road, Delhi Cantt. from 1<sup>st</sup> June to 10<sup>th</sup> June 2015, in which approx. 400 girls from various schools and colleges across NCR took part. Twenty Two girls of Class-IX from TAFS participated in the camp. The cadets were exposed to the following activities during the camp:

- (a) PT in the morning daily for an hour.
- (b) Marching drill (practice and competition)
- (c) Yoga
- (d) Lectures on First Aid, Self Defense, Disaster Management eg. Fire (with demonstration), Heat stroke etc.
- (e) Marathon Run (practice and competition).
- (f) Tug of war (practice and competition)
- (g) Cultural activities like solo/group dance and singing (practice and competition).
- (h) Essay writing and Poster making competitions
- (i) Firing practice with 0.2mm rifle.
- (j) On the final day "BadaKhana" was organized followed by prize distribution and speech by the Commanding Officer.

During the stay at camp the accommodation and meals were satisfactory and the girls enjoyed the camp very much. It was a learning experience for all the participants.